

liaison since 2006, is board-certified in pediatrics, general and child/adolescent psychiatry. She is a graduate of Johns Hopkins University School of Medicine. She did her pediatric training at University of Washington in Seattle, her general psychiatry training at Johns Hopkins and her child psychiatry training at Harvard. Ms. Eaton, program coordinator for the hospital's WestCARES program since 2008, has a master's degree in social work from Fordham University and an additional master's degree in education from the College of New Rochelle. Saint Joseph's was awarded a \$1 million grant to develop the program following a competitive application process conducted by the Department of Community Mental Health. The county will use supplemental funding to support prevention efforts, such as in-home treatment and respite services. The team will track use of the service so that prevention efforts can be targeted efficiently.

Michael J. Spicer, Saint Joseph's President and CEO said, "All at Saint Joseph's and St. Vincent's welcome this opportunity to prevent and resolve psychiatric crises through creative collaboration with community providers and by building on our broad range of mental health services. We look forward to working closely with the Department of Community Mental Health to build a very effective and efficient service."

More news inside

Crisis Prevention and Response Team to Launch in December

The mobile team will be staffed by social workers and a psychiatrist who will be available to see individuals and families in crisis. The team will provide a range of services, including assessment, crisis intervention, supportive counseling, information and referrals, linkage with appropriate community based mental health services for ongoing treatment, and follow up.

Abby Wasserman, M.D., will serve as clinical director for the program and Sally Eaton, LCSW-R will serve as program manager. Dr. Wasserman, who has served as St. Vincent's director of community

Crisis Prevention and Response Team: (914) 925-5959
24/7 Evaluation and Referral Service: (914) 925-5320



St. Vincent's Hospital Westchester
 A Division of Saint Joseph's Medical Center

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Save the date!
Alma's Christmas Boutique

ONE WEEKEND ONLY! Open to the public.

PREVIEW COCKTAIL PARTY

Thursday, December 8, 6:00 p.m. to 8:00 p.m.
 Suggested donation \$25 at the door.

BOUTIQUE

December 9-11, 10:00 a.m. to 4:00 p.m.

LOCATION

Westchester Country Club

For information, please call (914) 925-5411.

Helping a Child Deal with Bullying

As recent media coverage shows, bullying is a common experience for many children and adolescents. Research indicates that half of all children are bullied at some time during their school years. Bullying has moved into more dangerous territory, as weapons have become easier to obtain and the growth of cyberbullying has offered anonymity to bullies.

“One of most important things parents can do if they think their child is being bullied is to listen,” said William Cipriano, LCSW-R, Ed.D., coordinator of St. Vincent's outpatient child and adolescent service. “Ask the child how he or she thinks you can be helpful.”

Experts offer these tips:

- Encourage your child to walk away from a bully rather than being physically aggressive. Help your child practice what to say so he or she will be prepared.

- If the bullying is occurring at school, involve the child's teacher, guidance counselor or principal as soon as possible.
- If your child is a victim of a cyberbully, save copies of all messages. If you know who is sending the messages, send copies to the child's parents and ask that they intervene. If the messages include threats, contact police for assistance.
- If you suspect your child is bullying others, talk to them about their behavior, why it is wrong, and how it can lead to serious difficulties, including legal action. Let them know you are concerned about them and you want to help.

If your child shows signs of stress, anxiety or depression, contact your child's pediatrician or get an evaluation by a mental health professional. Such signs may include trouble eating or sleeping, irritability, reduced energy or reluctance to go to school. Some children may also react to stress with increased physical complaints including headaches or stomachaches.

To reach St. Vincent's evaluation and referral service for assistance, call (914) 925-5320.



Golf Open

An enthusiastic group of golfers took to the links at Fenway Golf Club in Scarsdale for the annual Golf Open. The event raises more than \$169,000 for capital improvement projects at the Harrison campus.

Left photo: Advisory Council member and Golf Open co-chair Robert Santangelo with Advisory Council chair Kevin O'Callaghan. Middle photo: Advisory Council member and Golf Open co-chair Tony O'Callaghan with Advisory Council members Robert McCooey, Jr., and John Mara. Right photo: St. Vincent's executive director Bernadette Kingham-Bez, Advisory Council member and Golf Open co-chair Barbara Santangelo and Saint Joseph's President and CEO Michael J. Spicer.



Left photo: Auxiliary co-president Susan Pizzutello, event co-chair Maureen Koecheler, Glenn Close, event co-chair Barbara Mahoney, and Auxiliary co-president Rita Shea. Middle photo: Fashion show chair Ann Mara with Glenn Close. Right photo: Saint Joseph's President and CEO Michael J. Spicer, Glenn Close, and Sister Jane Iannucelli, S.C., President of the Sisters of Charity.

Luncheon and Fashion Show

The St. Vincent's Auxiliary honored award-winning stage and screen actor Glenn Close at the 56th annual Luncheon and Fashion Show at Westchester Country Club. Ms. Close was honored for her work to end the stigma of mental illness through her organization BringChange2Mind.org.

